

The Arthur C. Nielsen, Jr. Vascular Conference:

*Frontiers in the Diagnosis and Treatment of Vascular Disease
with a Mini Symposium on CHD Risk in the South Asian Patient*



October 13, 2010
Northwestern Memorial Hospital
Chicago, Illinois

Sponsored by:
The Bluhm Cardiovascular Institute of Northwestern Memorial Hospital
Center for Vascular Disease
Northwestern University Feinberg School of Medicine

The Arthur C. Nielsen, Jr. Vascular Conference:

Frontiers in the Diagnosis and Treatment of Vascular Disease with a Mini Symposium on CHD Risk in the South Asian Patient

Wednesday, October 13, 2010

Co-Directors: William H. Pearce, MD

Neil J. Stone, MD

The Bluhm Cardiovascular Institute's Center for Vascular Disease is pleased to invite you to The Arthur C. Nielsen, Jr. Vascular Conference on Wednesday, October 13th at the Prentice Women's Hospital Conference Center.

This one half-day event is a clinically oriented program with case-based discussions about the management of patients with vascular disease. The afternoon will consist of lively discussions about management decisions that are encountered in the everyday care of vascular disease.

First, there will be a mini-symposium on coronary artery disease (CAD) risk in the South Asian patient population. South Asians have the highest rates of CAD at younger ages, yet these high rates of CAD are accompanied by lower rates of traditional risk factors. Learn more about this paradox and current recommendations outlining the approach to prevent disease progression, including the role of Lp(a) in the evaluation of dyslipidemia.

Second, alternative approaches to lower extremity peripheral arterial disease will be debated from the perspective of surgical repair, percutaneous revascularization, and exercise therapy.

Third, approaches to hypercoagulability, acute stroke management, and stroke prevention will be discussed.

The afternoon will conclude with an integrated discussion of how diagnostic imaging techniques can guide vascular care.

Learning Objectives

At the conclusion of this activity, participants should be able to:

1. Examine the etiology and treatment options to manage dyslipidemia in the South Asian patient population.
2. Discuss the pros and cons of three treatment approaches for peripheral arterial disease (PAD).
3. Summarize the latest information for the perioperative management of patients undergoing vascular surgery including risk stratification, diagnostic evaluation and medical therapies to mitigate complications.
4. Describe the approach to evaluate and manage the hypercoagulable state.
5. Review the pros and cons of intravenous tPA versus invasive thrombolysis for large vessel stroke.
6. List at least 2 strategies to reduce the incidence of stroke in patients with atrial fibrillation.
7. Describe various imaging techniques to evaluate vascular disease.

Target Audience

This continuing medical education (CME) program is designed to meet the educational needs of primary care practitioners, family medicine and vascular medicine physicians, cardiologists, neurologists, interventional radiologists, endocrinologists, nurses and nurse practitioners, physician assistants and health care professionals caring for patients with vascular disease.

Conference Location

The program will be held at Prentice Women's Hospital, located in conference room L on the third floor at 250 E. Superior Street, Chicago, Illinois. Please contact the hospital at 312-926-2000 for directions and parking information or visit www.prentice.nmh.org.

Parking will be validated for participants driving to the conference. This only applies to the Huron/ St. Clair parking garage, 222 East Huron Street.

Wednesday, October 13, 2010

11:30 am Registration

CHD Mini Symposium

Moderator: Preeti Kansal, MD

12:00 pm Welcome Remarks /Luncheon
Neil Stone, MD

12:10 pm Overview of Heart Disease in South Asian Patients with a Focus On Lp (a)
Enas Enas, MD

12:50 pm Management of Patients with Insulin Resistance, Low HDL and Increased CHD Risk
Neil Stone, MD

1:20 pm Discussion, Questions and Summary

Moderator: William Pearce, MD

1:30 pm Debate: Exercise Therapy For Treatment of Peripheral Arterial Disease
Mary McDermott, MD

1:50 pm Debate: Percutaneous Intervention For Treatment of Peripheral Arterial Disease
Marc Krichavsky, MD

2:10 pm Debate: Open Surgery For Treatment of Peripheral Arterial Disease
William Pearce, MD

2:30 pm Panel Discussion

2:50 pm Refreshment Break

Moderator Anaadriana Zakarija, MD

3: 00 pm Controversies in the Peri-Operative Management of Patients Undergoing Vascular Surgery
Thomas Holly, MD

3:20 pm Evaluation and Management of the Hypercoagulable State
Anaadriana Zakarija, MD

3:40 pm Controversies in Stroke Medicine
Large Vessel Stroke: IV tPA vs. Invasive Thrombolysis?
Bernard Bendok, MD and Richard Bernstein, MD, PhD

4:20 pm Strategies to Reduce Stroke from Atrial Fibrillation
Rod Passman, MD

5:05 pm The Imaging Evaluation of Vascular Disease
Judith Meadows, MD, MPH

5:30 pm Cases, Questions and Summary

6:00 pm Adjourn

Accreditation Statement

Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Hour Statement

The Northwestern University Feinberg School of Medicine designates this educational activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Education- Nurses

The educational activity **INA CE # 0111-004-406** has been awarded 5.5 contact hours.

Northwestern Memorial Hospital is an approved provider of continuing nursing education by the Illinois Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Faculty Disclosure

Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect a speaker's presentation. Speakers are required to disclose any significant relationships with commercial companies prior to the symposium. The course syllabus will identify any significant relationships and whether a faculty member will be discussing off-label usage.

Special Needs

The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

Course Directors

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Northwestern Memorial Hospital
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Violet R. and Charles A. Baldwin
Professor of Vascular Surgery
Northwestern University
Feinberg School of Medicine

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Medical Director
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Professor of Medicine, Division of Cardiology
Northwestern University
Feinberg School of Medicine

Faculty

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Co-Director Neuroendovascular Surgery Program
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Feinberg School of Medicine

Richard Bernstein, MD, PhD

Attending Neurologist, Stroke Program
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Associate Professor of Neurology
Northwestern University
Feinberg School of Medicine

Enas Enas, MD

CEO and Founder President
Coronary Artery Disease Among
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Registration Form

Physicians & Industry Professionals \$75

Residents, Fellows & Nurses \$60

How to Register: ONLINE: www.cme.northwestern.edu/conferences

or Mail with check to:

Northwestern University
Feinberg School of Medicine
Office of Continuing Medical Education
420 East Superior, Ste. 680
Arthur J. Rubloff Building
Chicago, IL 60611-3008
PHONE: 312-503-8533

Please make your check payable to Northwestern University

Please type or print

Last name: _____ MD

RN

First name: _____ Other _____

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City: _____ State: _____ ZIP: _____

Daytime Phone: _____ Fax: _____

E-mail (Required): _____

Specialty: _____

 Please indicate any special needs: _____

 Please indicate any dietary needs: _____

Cancellations must be made in writing to the Office of Continuing Medical Education. The paid registration fee, minus a \$30 administrative charge, will be refunded. No refunds will be granted after September 17, 2010.

M Northwestern Memorial[®]
Hospital

NORTHWESTERN UNIVERSITY
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Office of Continuing Medical Education
Northwestern University Feinberg School of Medicine
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